

# ELECTRONIC PRESS KIT



## HONORING CHOICES

THE PLAY



## WHADDYA KNOW

THE GAME SHOW



## PLUS MORE

CHALLENGE, INSPIRATION, & RESOURCES

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**FOR IMMEDIATE RELEASE**  
**March 29, 2021**

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**Electronic Press Kits:** <https://www.celebratenhdd.online/press>

**Photos:** <https://www.celebratenhdd.online/press-photos>

**HONORING CHOICES PACIFIC NORTHWEST OFFERS MANY WAYS TO  
CELEBRATE NATIONAL HEALTHCARE DECISIONS DAY**

(Seattle) - [Honoring Choices Pacific Northwest](#) (HCPNW) celebrates National Healthcare Decisions Day with a collection of joyous live events, motivating inspiration, and a reflective challenge to encourage people to do advance care planning.

*Honoring Choices*, a play by Grief Dialogues founder Elizabeth Coplan, takes the virtual center stage with three adaptations. *Honoring Choices* is a realistic look at how advance care planning—whether completed or not—impacts a family. When Bob, Denise and Maggie’s elderly father, receives his terminal cancer diagnosis, they encourage him to prepare his end-of-life plan so there’s no misunderstanding of what he wants or doesn’t want. But Bob is not having any part of it even though his doctor is encouraging him to prepare. Throw in some family dynamics, disagreements, and resentments, plus a healthy dose of stubbornness, and the scene changes dramatically when Bob is hospitalized.

HCPNW will be presenting three adaptations of the play with hopes of resonating with a wide audience. In addition to the original version, there will be one with an all Black cast and script consultation by A’Noelle as well as a bilingual Spanish adaption, with translation by Mariah Rojas. Each 20-minute performance will be followed by a question and answer session; the Spanish adaptation’s Q&A will be bilingual Spanish. All live performances are free and open to the public, although seat registration is required.

*Whaddya Know* is an original game show in collaboration with The Death Deck, a lively card game of surprising conversations. A game where the points don’t matter, but the answers do, *Whaddya Know* challenges people to match other’s answers to irreverent and fun questions about future healthcare planning, death, and dying (like “would you take a drug to be immortal?”). The game can be played with one partner or in teams, together or in different locations.



Robert Walden, three-time Emmy<sup>®</sup>-nominated actor, will be the game show's celebrity host. Mr. Walden has been in movie classics like *All the President's Men*, storied and ground-breaking t.v. such as *Lou Grant* and *The West Wing*, and starred opposite icons like Rita Moreno (*Happily Divorced*). He is happy to be part of this event, "to do whatever to help efforts to inform and protect people's healthcare and planning." Like the play, Whaddya Know the game show is a live event, free, open to the public, with registration required; it is most appropriate for participants 13 and older.

**Sincerely Yours** is a video diary challenge designed for individuals to engage in advance care planning on their own. For 5 days in a row – Monday, April 12 through Friday, April 16 – Honoring Choices PNW will prompt people to consider a question then record their answer using a cellphone camera/video. (We recommend 4 minutes thinking and 1 minute recording.) The questions will be important to advance care planning but not death focused. There are no "right answers" and at the end of the challenge, participants will have 5 short video snippets to share with those who matter to them.

In addition to the activities, Honoring Choices PNW has crafted **Spotify playlists** to set the mood for taking action on advance care planning, built a **quiz** to determine how many people you might be called upon to make healthcare decisions for, and collected **resources** to make inviting others or starting the planning process easier.

**Honoring Choices Pacific Northwest** is a joint initiative between the Washington State Hospital Association and the Washington State Medical Association Foundation for Health Care Improvement. HCPNW's vision is that everyone will receive care that honors personal values and goals at the end of life. HCPNW works with healthcare and community groups training organizations in how to have meaningful activities and discussion about advance care planning and helps individuals become informed participants in their planning. HCPNW is a philanthropic non-profit so that everyone who wants to participate, can.

Join in any or all of the celebrations to discover how easy advance care planning can be.

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## USEFUL LINKS

### TO CELEBRATE NHDD WITH HONORING CHOICES PNW

- Dynamic website: <https://www.CelebrateNHDD.online/>
- List of events: <https://www.HonoringChoicesPNW.org/celebrating-nhdd/>

### TO ENJOY *HONORING CHOICES* THE PLAY

- Learn more: <https://www.CelebrateNHDD.online/the-play>
- Register for any/all productions: <https://bit.ly/3ealxT9>
- Invite others to join with an evite:
  - April 2 performance <http://evite.me/413ArJWTeA>
  - April 9 performance <http://evite.me/b1rA1AKJrF>
  - April 11 performance <http://evite.me/uNpkNUFcDH>
- Prepare for the production and discuss afterwards: <https://bit.ly/3qRlrE0>

### TO PARTICIPATE IN WHADDYA KNOW THE GAME SHOW

- Learn more: <https://www.celebratenhdd.online/the-game-show>
- Register to play: <https://bit.ly/31viiQ4>
- Invite others to join with an evite: <http://evite.me/T8VPGbW6Kd>
- Get the Game Kit, including practice questions: <https://bit.ly/39rWbhz>

### TO TAKE THE SINCERELY YOURS VIDEO DIARY CHALLENGE

- Learn more: <https://www.celebratenhdd.online/challenge>
  - Accept the challenge and sign up for reminder emails on the same page
- Invite others to join with an evite: <http://evite.me/UHwj3K3wRd>

### TO LEARN MORE ABOUT HONORING CHOICES PNW & OUR RESOURCES

- Visit: <https://www.honoringchoicespnw.org/>

### TO LEARN MORE ABOUT NATIONAL HEALTHCARE DECISIONS DAY

- Visit: <https://theconversationproject.org/nhdd/>

### TO JOIN THE DISCUSSION ON SOCIAL MEDIA

- Follow us on Facebook: <https://www.facebook.com/HonoringChoicesPNW/>
- Follow us on Twitter: <https://twitter.com/HCPNW>
- Follow us on LinkedIn: <https://www.linkedin.com/company/honoring-choices-pacific-northwest>
- Use these hashtags:
  - #WADecisionsDay
  - #Healthcare
  - #VerifiedHCA
  - #HCPNW
  - #FlipTheScript2021
  - #CallOnMe
  - #AdvanceCarePlanning





## CELEBRATING NATIONAL HEALTHCARE DECISIONS DAY

**National Healthcare Decisions Day exists to inspire, educate and empower the public and providers about the importance of advance care planning.**

*from: <https://theconversationproject.org/nhdd/>*

Since 2008, independent organizations have used April 16 for a collective national effort focused on advance care planning. Advance care planning is a process of thinking about and sharing your wishes for future health care.

Honoring Choices Pacific Northwest's vision is that everyone will receive care that honors personal values and goals at the end of life. Talking about what's important, naming a healthcare agent, sharing those decisions are part of National Healthcare Decisions Day—that's why it's like a national holiday for our organization.

Our aim this year is to break down some common barriers in planning future healthcare decisions by changing who starts the conversation. Most people are already someone's health care agent—they just don't know it yet. Even if a person is not a health care agent for anyone, talking about values and preferences with those who matter to you means you can support them throughout their life and healthcare journey. And, if the time comes, you can support those that might have to make medical decisions for them in a crisis.

A joint initiative between the [Washington State Hospital Association](#) and the [Washington State Medical Association](#)'s Foundation for Health Care Improvement. Honoring Choices Pacific Northwest is a philanthropic non-profit. Services, which range from helping individuals to supporting other organizations, are free.

Find the NHDD Facebook page [here](#)



## APPRECIATION

Honoring Choices PNW would not be able to celebrate National Healthcare Decisions Day without the talents and support of:

# Grief Dialogues

## HEALTH CARE EDUCATION

in particular, Elizabeth Coplan

A'Noelle, script consultant  
Mariah Rojas, Spanish translation

Matty Sythandone, stage management  
Halle Williams, social media promotion

Brenda Charles-Edwards, Owner & CEO, Black Orchid Enterprises



especially, Lori LoCicero and Lisa Pahl, LCSW

Robert Walden, actor and all-around good guy



*Honoring Choices Pacific Northwest is based in Seattle, Washington. We would like to acknowledge that we are on the traditional land of the first people of Seattle, the Duwamish People past and present, and honor with gratitude the land itself and the Duwamish Tribe. We invite you to join us in acknowledging and thanking indigenous people for their ongoing stewardship wherever you are located.*